

CURRICULUM OUTLINE
Maximizing Adolescent Academic eXcellence (MAAX)
7th and 8th Grade Scope and Sequence

7th Grade Scope and Sequence

Module 1: Introduction to the MAAX
Session 7-1: Program Overview & Forging a Group Identity
Module 2: Managing the Middle School Transition
Session 7-1: Managing the 8th Grade Transition
Session 7-2: The Challenge of the Middle School Transition I
Session 7-3: The Challenge of the Middle School Transition II
Module 3: Keys to Academic Success
Session 7-1: Time Management
Session 7-2: Study Skills at School
Session 7-3: Study Skills at Home
Module 4: Who Am I?
Session 7-1: Celebrating Culture
Session 7-2: Valuing Cultural Differences
Session 7-3: The Time Line of My Life
Module 5: Getting Along with Others
Session 7-1: Introduction to Effective Communication
Session 7-2: Non-Verbal Communication
Session 7-3: Examining Conflict
Session 7-4: Resolving Conflict
Session 7-5: Bullying and Bullies
Module 6: How Values Shape My Life
Session 7-1: The Values Auction
Session 7-2: Clarifying Values Through Music
Module 7: Closing the MAAX
Session 1: Closing Session

CURRICULUM OUTLINE
Maximizing Adolescent Academic eXcellence (MAAX)
7th and 8th Grade Scope and Sequence
8th Grade Scope and Sequence

Module 1: Introduction to the MAAX
Session 8-1: Program Overview & Forging a Group Identity
Module 2: Managing the High School Transition
Session 8-1: Preparing for the High School Transition I
Session 8-2: Preparing for the High School Transition II
Session 8-3: Surveying Career Interests
Session 8-4: Creating a Personal Portrait
Session 8-5: Exploring High School Options
Session 8-6: Experiencing High School
Session 8-7: Selecting the Right High School: Putting It All Together
Session 8-8: Developing Your High School Application
Module 3: Keys to Academic Success
Session 8-1: Surveying Academic Readiness
Session 8-2: Monitoring Academic Performances
Session 8-3: Goal Setting
Session 8-4: No-Nonsense Notes
Session 8-5: Beating Tests!
Module 4: Who Am I?
Session 8-1: Learning About Stereotypes
Session 8-2: The Class Debate: To be Popular or Smart
Session 8-3: The Significance of Culture in Education
Module 5: Getting Along with Others
Session 8-1: Problem Solving and Decision Making
Module 6: How Values Shape My Life
Session 8-1: Delaying Gratification: Short Term Sacrifice, Long Term Gain
Session 8-: The Pitfalls of Substance Use
Module 7: Closing the MAAX
Session 1: Closing Session